

# **Message from the Technical Commission of ITAF International**

*The technical commission of ITAF international would like to remind to all teachers in all countries the following:*

Between mkyu and 3rd dan, any practitioner is considered a beginner.

The only way to improve for a beginner is to work the basics of Aikido.

Well aware of this fact, Morihiro Saito designed a work methodology, which is perfectly suited to the beginner's needs. This method is an excellent pedagogical tool and must be used to teach beginners.

Beyond 3rd dan, the practitioner is meant to have learned, thanks to this method, the fundamental basis to enter the second stage of his or her journey. At that point, and only then, he can be initiated to the more complex reality of Aikido, which goes far beyond the pedagogical tool.

There would be no profit for the individual, the club or the association to transmit to the beginner a knowledge which belongs to a different stage and that he/she can't fully understand yet.

Therefore the technical commission require all teachers to pay attention in their teaching options relatively to the technical level and the maturity of their students.

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ITAF International Technical Commission